

Covid-19 Guidelines

You need to stay home if you have:

ONE of the following:	OR	TWO of the following:	OR	Been exposed to Covid-19
Fever > 100.3 New Cough Shortness of Breath Difficulty Breathing New Loss of Taste/Smell Vomiting Diarrhea		Sore Throat Runny Nose/Congestion Chills Headache Body Aches/Muscle Pain Nausea or Stomach Ache Fatigue		Exposure occurs when you are within 6 feet of a confirmed positive case for a cumulative 15 minutes within 24 hours. Please notify the school nurse if this occurs outside of school.

When can I return to school?

Positive Covid-19 Test	Negative Covid-19 Test	NO Covid-19 Test	Exposure to Covid-19
May return after 10 days* IF symptoms have improved <u>AND</u> NO fever for 24 hours without the use of medications.	May return if NO fever for 24 hours without the use of medications <u>AND</u> symptoms have improved.	May return after 10 days* IF symptoms have improved <u>AND</u> no fever for 24 hours without the use of medications <u>OR</u> a Dr's note indicating alternative diagnosis.	May return 10 days* after last known exposure <u>AND</u> have NO current symptoms. Please discuss with school nurse to determine return date.
Date:	Date:	Date:	Date:

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*The day symptoms start, the day of a positive test, and the day of exposure are all considered DAY 0.